



Welcome to the Juan de Fuca Junior Curling 09/10 season

Welcome all: NEW curlers and RETURNING curlers to the club.

The season runs September 29/09 - March 2010 (date to be determined)

Tuesdays & Thursdays -- 4pm--5:30pm.

We are starting the new season off with a new - newsletter format which is available either by email signup, contact pchorney@shaw.ca with your email address or you can view the newsletter on the Juan de Fuca curling website with a link under Leagues - Novice - Link to Newsletter. (Save a tree - signup or read online)

Registration will be held open for a few more weeks but please get all monies and paper work in ASAP. This will help make Tammy's job a lot easier.

2009 Club Information/Reminders

Curling starts at 4pm, please arrive early so that you are ready and dressed to go on the ice at 4.00pm. Also, make sure you bring a water bottle with your name on it. It is important for all athletes to drink water during and after practice.

If your child cannot make it to practice - please call Tammy at 250-478-8981. A phone call saves us trying to figure out where they are and if they are ok.

If someone other than yourself will be picking up your child then please let one of the coaches know.

We have a child that has a peanut/nut allergy in our club. The ice and the common area is a peanut/nut free zone. If your child consumes any nut products on the way to curling please have them wash their hands before going on the ice.

Colds, Flu, H1N1 - Practice good hygiene - practical tips:

Wash your hands frequently, especially before eating and after coughing or sneezing. Avoid touching your eyes, nose and mouth. Don't share your water cup or bottle or utensils with other people. Sneeze into a tissue and throw it away or cough or sneeze into your sleeve rather than your bare hands. Tell your parents if you don't feel well, and stay home from curling if you are sick.

For the latest facts on H1N1 flu virus visit www.gov.bc.ca/h1n1

Upcoming Dates to Mark on Your Calendar

We will be having a lot of fun dates (Thursdays) in the club this year both on and off the ice.

Oct. 22/09 -- Bring a friend to Curling **Oct. 29/09** -- Halloween Party **Dec 17/09** -- Christmas Party
Jan 14/10 -- Bring a friend to Curling **Mar 2010 (date to be determined)** -- Year end Party

The club is very excited to be hosting the Junior Provincial Curling Championships December 26 - 31/09. Please contact Tammy if you would like to volunteer and help at this event.

Bonspiel Dates

The following dates are the current listings for upcoming bonspiels. Dates are subject to change. Christine is the Bonspiel Coordinator and will have information and sign up entry forms.

Kerry Park Fun Spiel	Nov. 7
Nanaimo Junior Novice & Competitive	Nov. 7 and Nov. 8
Victoria Junior Open	Dec. 12 and Dec. 13
Zone 6 - Campbell River Play downs (Winner of Zone 6 goes to BC Winter Games)	Jan 15 to Jan 17
Duncan Juniors	Jan 30
Juan de Fuca Junior Mixed	Feb 13 and Feb 14
Esquimalt Junior	Mar 6 and 7

Donna & Rod Fraser have set up a bottle drive collection to raise funds for the club. You can bring your liquor bottles, pop cans, juice boxes, etc. (items that you paid a recycling deposit on) to the club or contact Donna & Rod for pick up. Phone: 250-590-6713 or email dcrfraser@shaw.ca



The Juan de Fuca Junior Curling Club would like to thank
Accent Refrigeration - Art and Teresa Sutherland,
for their continued Support and Sponsorship of the Junior Club.